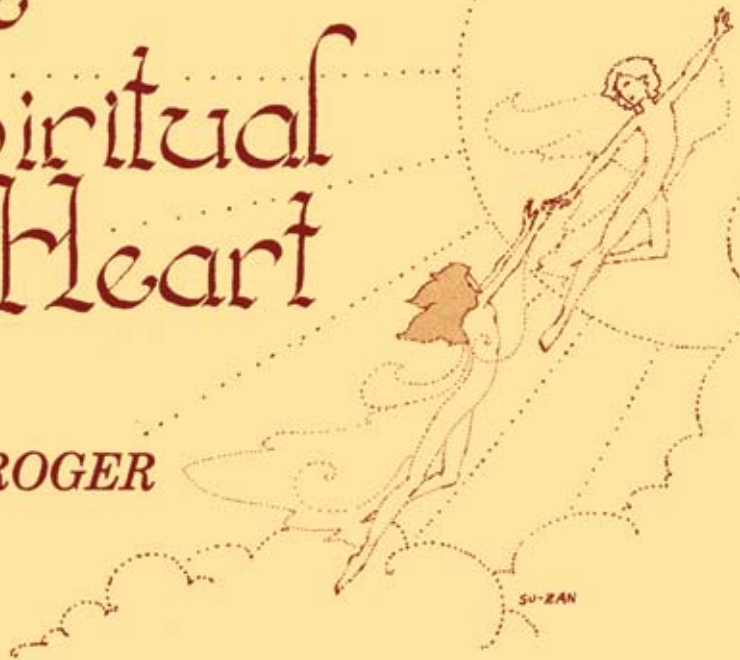
Wisdoms of the Spiritual Heart



BY JOHN-ROGER

Wisdoms of the Spiritual Heart

From the Teachings of Sri John-Roger

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Movement of Spiritual Inner Awareness, Inc.
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The Movement of Spiritual Inner Awareness teaches the awakening in love.

As you begin your inner journey you will be filled with joy and the glorious feeling of love...

Always
use
love
all ways

There is only one mind

and that is the mind of God.

There is only one love

and that is the love of God.

There is only one consciousness

and that is the consciousness of God.

When you speak of God,

you attune yourself to God.

When you bring yourself into a loving consciousness with all things

and with the one consciousness that is everywhere,

peace and harmony will enfold your heart

and you will recognize within every level of your beingness

that there is only love.

Dig deeply

into the spring of love

and partake of it.

The supply is infinite.

Anyone who is residing in the power of love

is never, ever destroyed

never separated

always free

always up

always growing.

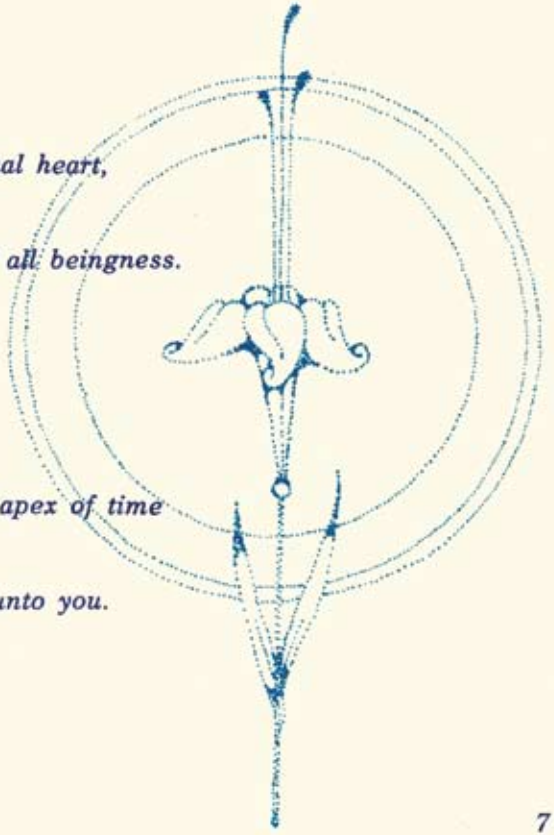
Love is living
in the spiritual heart.

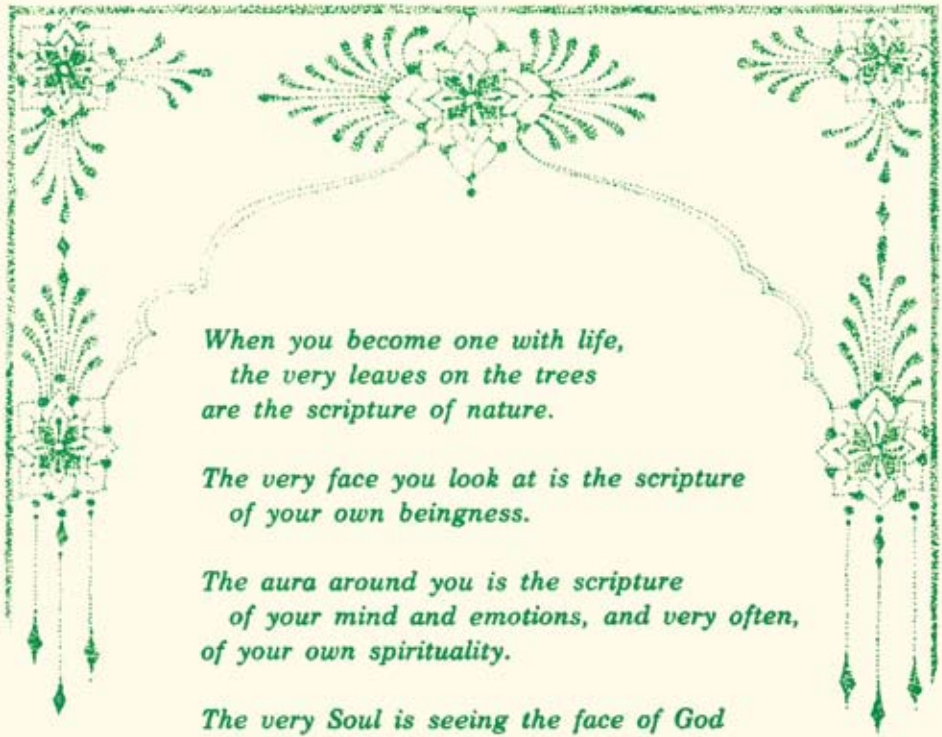
When you come to the spiritual heart,

you find yourself in the center of all beingness.

At that point, you reside at the apex of time

and all things are delivered unto you.



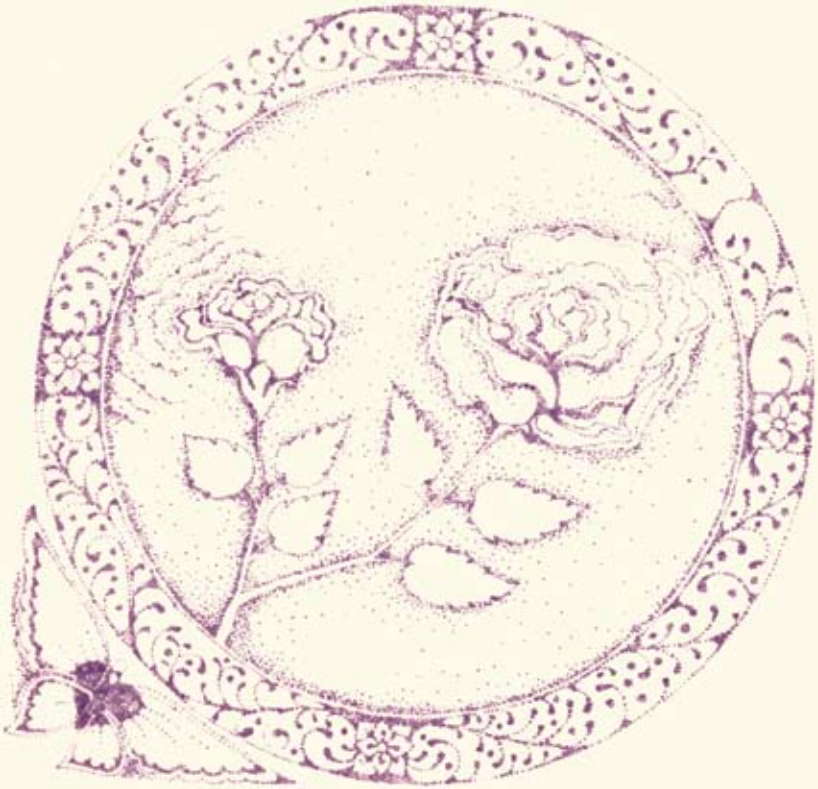


When you become one with life,
the very leaves on the trees
are the scripture of nature.

The very face you look at is the scripture
of your own beingness.

The aura around you is the scripture
of your mind and emotions, and very often,
of your own spirituality.

The very Soul is seeing the face of God
in the physical world.



God sees only perfection.

God may be many different sizes, shapes and forms.

But it is all God.

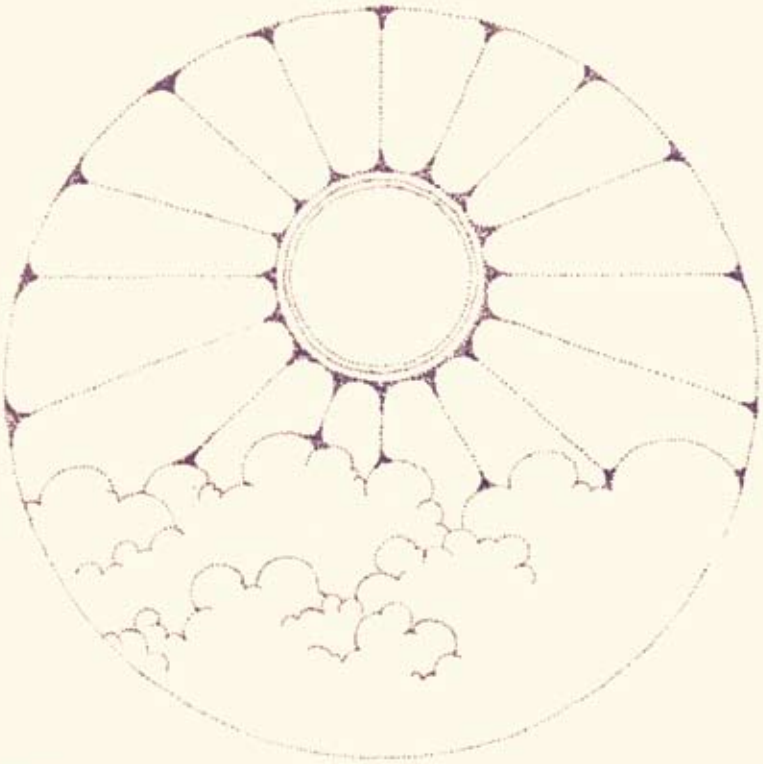
It is all divine love made manifest.

God loves all of its creation.

You must remember to look only for the divine

in people and things.

And leave all the rest to God.



The soul that has had all experience is God.

Through the exercise of freedom

we learn to be responsible for what we create.

And thus are educated

by our own experience.

It is your choice to determine

the level of your experience.

You will never be given

anything you can't handle.

Depressions can be fun

because they make you look.

If it's a block, then it can be a stepping stone.

All the force that is pulling against you

can be changed to lift you.

The only way to grow

is to grow -

willingly

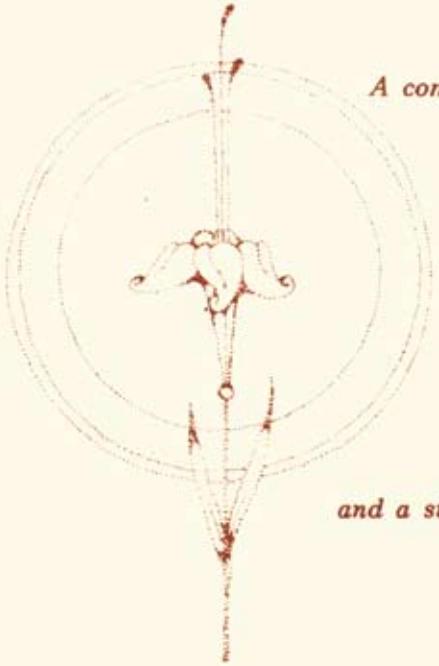
knowingly

determinedly.

If you don't learn something everyday,

what are you doing, anyway?

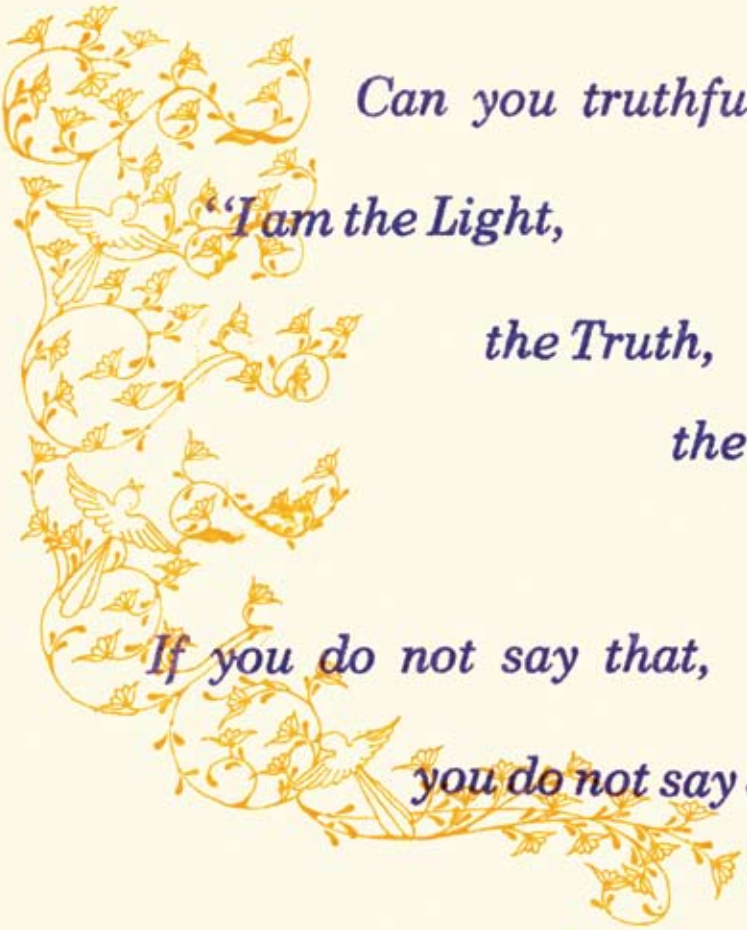
You must be the teacher of the level below you,



A competent worker on the level you're on,

and a student on the level above you,

and then you can move ahead into spiritual consciousness.



Can you truthfully say,

"I am the Light,

the Truth,

the Way"?

If you do not say that,

you do not say a truth at all.

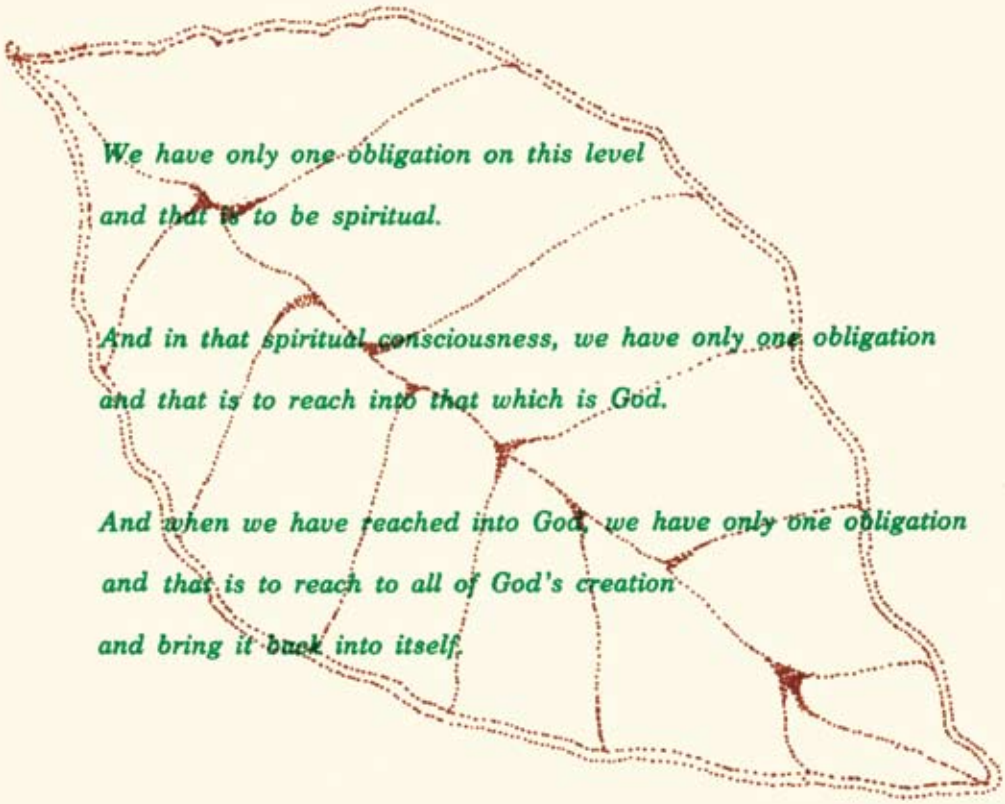
Put the Light around the world.

Ask to live each moment
in the consciousness
of the Light,

and to be the Light.

When we do the Father's work

we do everything perfectly.



We have only one obligation on this level

and that is to be spiritual.

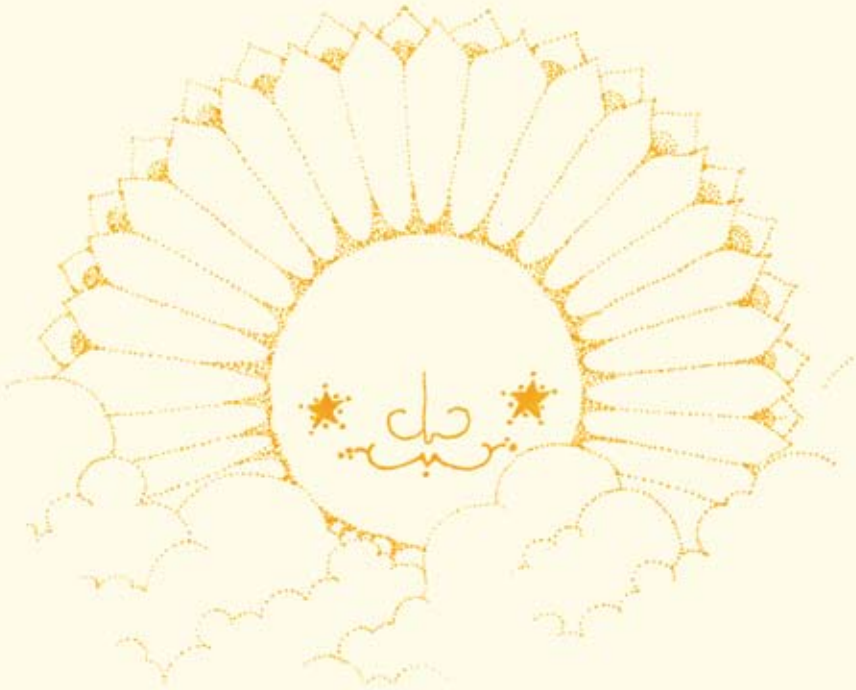
And in that spiritual consciousness, we have only one obligation

and that is to reach into that which is God.

And when we have reached into God, we have only one obligation

and that is to reach to all of God's creation

and bring it back into itself.



If you see someone without a smile,

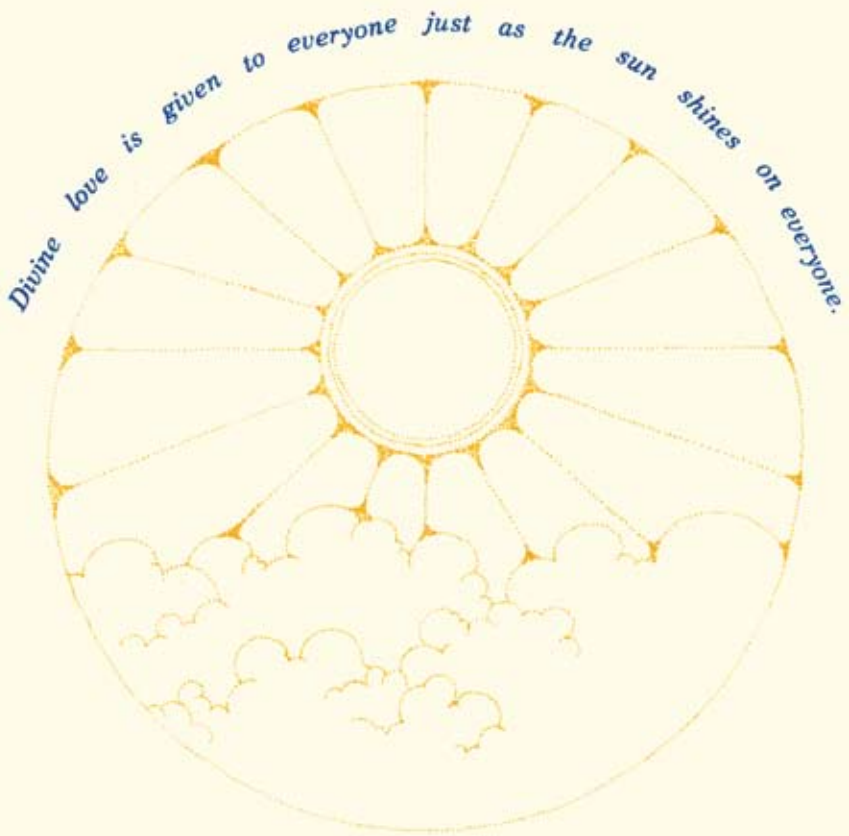
give them yours.

If you look deeply
into people
you will see something
very majestic.

When we get high enough in consciousness

we're together.

We are all the Sons of God.


Divine love is given to everyone just as the sun shines on everyone.

You are the Light.

Move to the Father.

See through the eyes of the Master,

and you will see what is there for you.

The presence of divine love within the Master

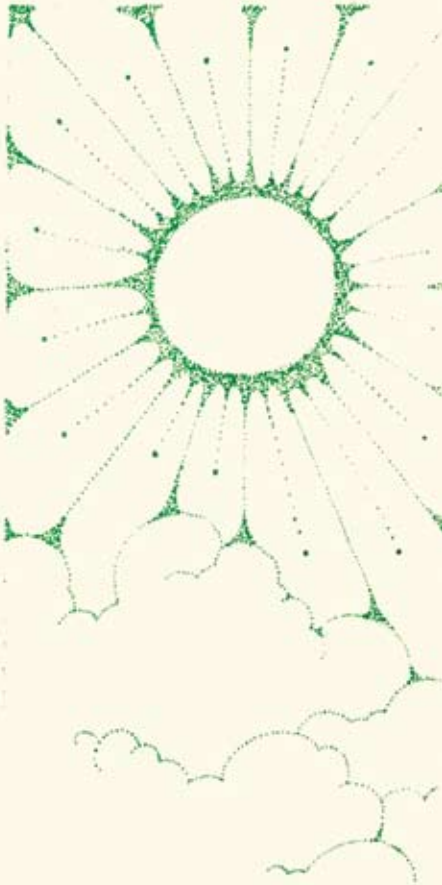
will stir the presence of divine love within you.

You will start finding your own divine love
when you start loving others.
But that doesn't count
until you can love yourself.

The most precious gift is the gift of self.

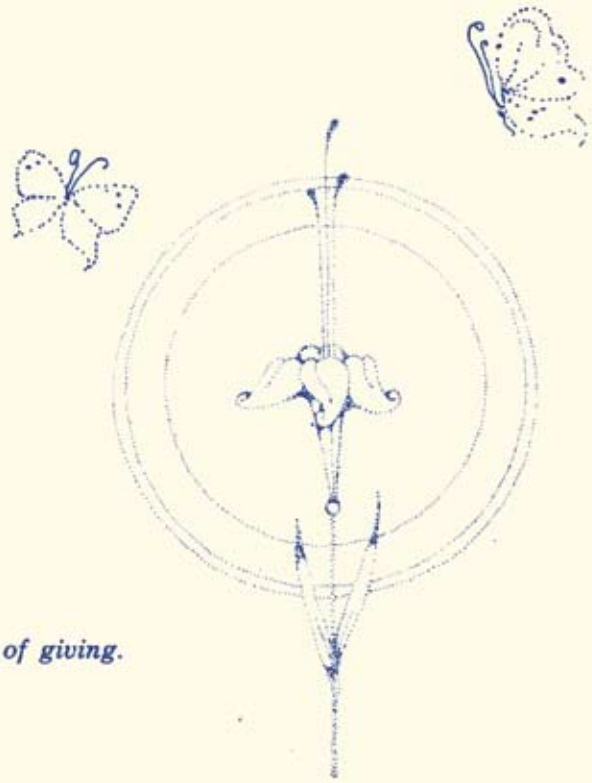
The most precious return is the self returning.

Loving can cure all.



If you try to manufacture love,

you may manufacture frustration.



Loving

is action

is manifestation

is movement

is the consciousness of giving.

When you give

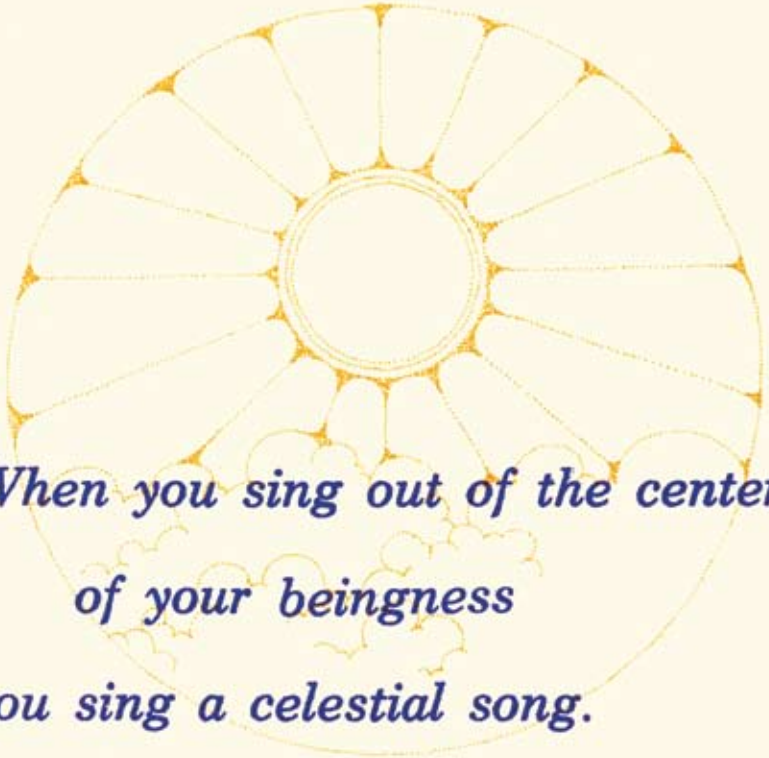
to somebody,

somebody

gives to you.

When enough people give,

the Light shines in the heart.



When you sing out of the center

of your beingness

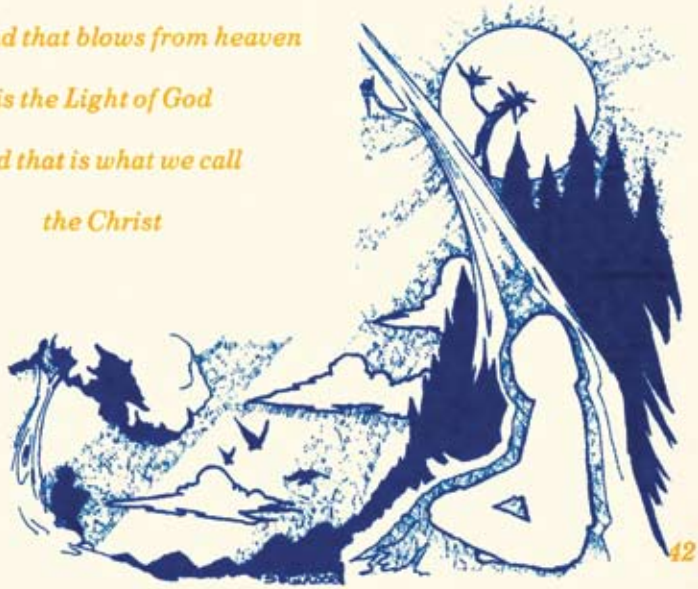
you sing a celestial song.

The wind that blows from heaven

is the Light of God

and that is what we call

the Christ



The Christ within you knows

the Christ in others.

To many people, the Christ has not appeared yet.

To others He has come and gone.

But those of us who dwell in it know the Christ is eternally present.

As you come to understand

that Christ is not of the man

but that man is of Christ

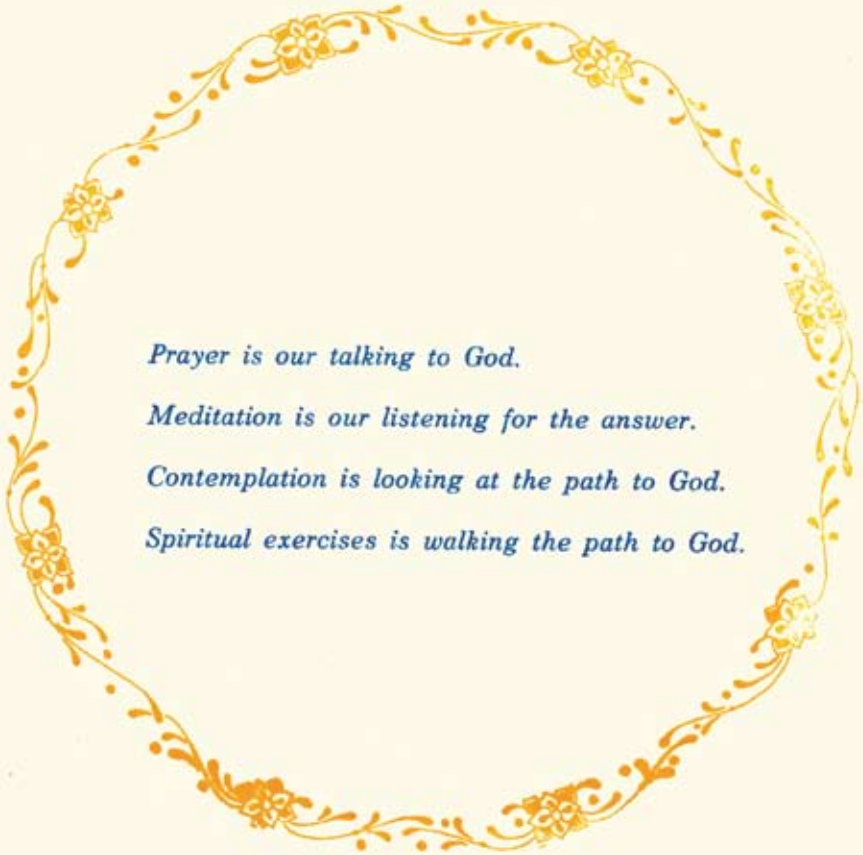
you start unfolding.

How can man become tender in his heart and loving

unless he who knows God in His lovingness

and Christ in its manifestation

give of this and awaken the heart?



Prayer is our talking to God.

Meditation is our listening for the answer.

Contemplation is looking at the path to God.

Spiritual exercises is walking the path to God.

It is the heart that does the work.

Listen to the heart.

It will tell you truly where you live.

When you turn to the heart, which the Light has filled to overflowing,

you know the joy of the soul.

Soul

Every soul has the

divine message within itself.

When

you sing

in your dreams,

that is the language of the soul.

The kingdom of heaven is within,

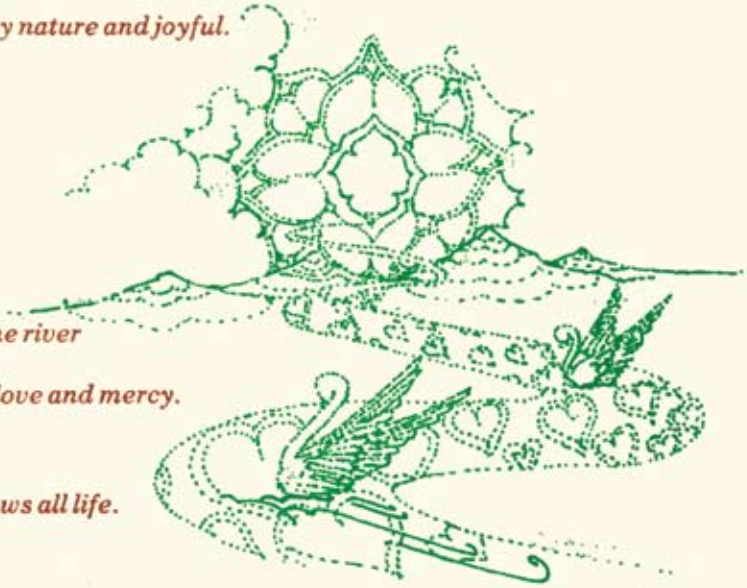
and therein resides the Beloved.

You
are
the
Beloved

Living love from the center of your being

emanates the Light of the soul.

The soul is non-inflictive by nature and joyful.

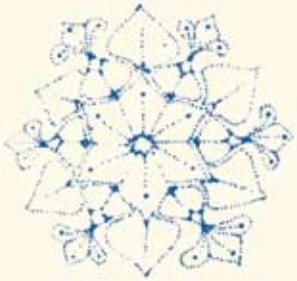


The soul is a divine river

from the infinite ocean of love and mercy.

From the center of God flows all life.

To express the power of love,



you must first be silent

in order to find out what love is.

When you love

you live.

When you live

God pours forth his energies

through you

into the world.

Man is a walking prayer

and wherever he walks is holy ground.

The holy land is wherever divine love
is being made manifest.

And wherever you demonstrate
the consciousness of love

that land becomes sacred and holy.

Home is where the Spirit of Christ

reigns eternally

and that is within the heart.

The Light of the heart
the Light of the Soul
the Light of the Christ
the Light of God.
These things are in all.

The invisible things

are the spiritual things

and they will endure forever.

Not one soul
is going to be lost.

The soul is so protected that only those who are indeed partaking of the celestial melodies can sing the song of the soul.

When you sing out of the center

of your beingness

you sing

a celestial song.

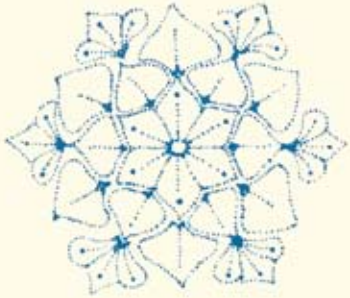
You dwell always

in the heart of God.

Living
In
God's
Holy
Thoughts

God resides in the

kingdom of heaven



and heaven is

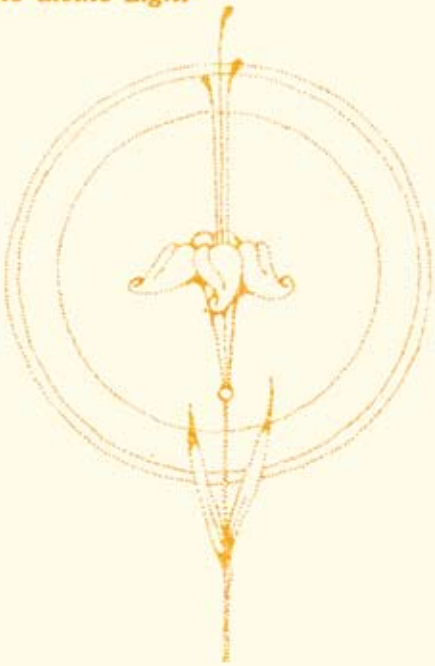
right here and now.

You are the spiritual being you've been searching to find.

There will come a time in the soul of everyone on this planet

when they will receive the divine Light

and know it.



There is one thing

you cannot hide from me

and that is

the beauty of your Soul.

Baruch Dadon
John-Roger

My Beloved, it is just a while longer

that you are here.

Can you not endure all things to find

the Kingdom of Heaven?

I
am always
with
you